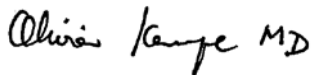


To Whom It May Concern:

Sacramento County Public Health (SCPH) is no longer providing individualized clearance letters for returning to work following COVID-19 infection as of August 2020. Employees should self-attest that they meet criteria for returning to work using the attached forms.

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer

First responders and healthcare workers should follow their workplace protocol for return to work

All other workers should use the following criteria for returning to work following COVID-19 infection:

- **Persons with symptoms*** may return to work:
 - 10 days after symptoms first appeared, **AND**
 - Symptoms (cough, shortness of breath) have improved, **AND**
 - 24 hours with no fever without use of fever-reducing medication

- **Persons without symptoms** may return to work:
 - 10 days after specimen collection date of first positive COVID-19 laboratory test

I, _____, verify that I have met the Sacramento County Public Health Criteria as listed above for returning to work.

Signature

Date

**Symptoms of COVID-19 may include cough, shortness of breath or difficulty breathing, fever or chills, muscle or body aches, vomiting, diarrhea, and new loss of taste or smell*

***Persons with any lingering symptoms should wear a surgical mask for source control until symptoms have resolved completely.*